

# Crisp Ginger Cookies

<b>Nutrition Facts</b>	
Varied servings per container	
<b>About 5 servings per container</b>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>120</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 110mg	<b>5%</b>
<b>Total Carb</b> 19g	<b>7%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 11g	
Incl. 9g Added Sugars	<b>18%</b>
<b>Protein</b> 1g	
Vit. D 0%	• Potas. 2%
Calcium 2%	• Iron 0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** ORGANIC WHEAT FLOUR, ORGANIC SUGAR, BUTTER (MILK, SALT), MOLASSES, EGG WHITES, CANDIED GINGER (GINGER, CANE SUGAR), SPICES, NATURAL FLAVOR, BAKING SODA, SEA SALT.

**CONTAINS WHEAT, MILK, EGG**

# Earl Grey Tea

## INGREDIENTS:

*Ceylon OP (Orange Pekoe),  
Bergamont (bergaptene free)  
essential oil.*

# Organic Peach & Ginger Preserves

**Nutrition Facts** Servings: about 14, **Serv. size: 1 Tbsp (18g)**, Amount per serving: **Calories 40**, **Total Fat** 0g (0% DV), Sat. Fat 0g (0% DV), Trans Fat 0g, **Cholest.** 0mg (0% DV), **Sodium** 0mg (0% DV), **Total Carb.** 11g (4% DV), Dietary Fiber 0g (0% DV), Total Sugars 10g (Incl. 9g Added Sugars, 18% DV), **Protein** 0g, Vit. D 0mcg (0% DV), Calcium 0mg (0% DV), Iron 0.1mg (0% DV), Potas. 30mg (0% DV). \*Percent daily values are based on a 2,000 calorie diet.

**INGREDIENTS:** (\* IF ORGANIC): PEACHES\*, SUGAR\*, NON-GMO PECTIN, CANDIED GINGER\*(GINGER\*, CANE SUGAR\*), LEMON JUICE\* .